



There is a lot of cheap tooth whitening out there. Why should you pay a dentist to do it when a beautician can do it at half the price or less?

Have a look at our table below:

	Beautician	Dentist
Comply with stringent sterilisation regulations to prevent you catching diseases from the person before you	No	Yes
Training in the anatomy and diseases of the mouth and in what can go wrong	Half a day	Five years
Using legally supplied and effective gels	No	Yes
Insurance required to support you should you be harmed by the treatment	No	Yes
Full emergency resuscitation equipment and training should you suffer a reaction to the products used	No	Yes
Able to detect issues in the mouth which could cause failure of the technique or dangerous damage to the mouth	No	Yes
Inspected regularly by the CQC to ensure they are following all required safety procedures	No	Yes

Tooth whitening is illegal unless carried out a dentist, or a hygienist under the supervision of a dentist, and with good reason. It is not legal even if the beautician doesn't put the gel in your mouth, uses a non-peroxide product, or gets you to take your own impression. Be particularly careful if a tooth whitening beautician tells you the product is non-peroxide, as

there are no effective non-peroxide tooth whitening gels that are safe – some dissolve your enamel and some are banned because they cause cancer.

Here is a bit more information for those who want to read more.

<https://www.gdc-uk.org/patients/illegal-practice/legal-position>

<https://www.bbc.co.uk/news/uk-england-london-42906910>

Get in touch with us

Book for a free no-obligation consultation to find our more. Just call us on **0121 382 8544** or email smile@nothingbutthetooth.co.uk