



Veneers or Braces? Which should I choose?

Veneers and braces are two treatments that can have a huge beneficial impact on how your smile looks. They both have their place, but usually one will be a better option for you than the other.

	Veneers	Braces
Speed of results	Single veneers can be provided very quickly over a couple of visits, and more complex smile makeovers can still be done within a few weeks.	Depending on the severity of the crookedness of the teeth, braces can take from 4 months to a few years to achieve the results you want. We don't provide specialist orthodontic services here so most of our braces are "short term orthodontics" and take from 4 to 9 months
Suitable for severely crooked teeth or tooth	Veneers are good at evening out small irregularities in the teeth, but teeth that stick out a long way or are very rotated are difficult or impossible to treat with veneers	Even badly crooked teeth can be straightened with the right brace
Good for badly stained or discoloured teeth	Veneers are excellent at changing the look of these teeth to a whiter, more even smile	Braces won't change the enamel colour or shape. However, this can be done with tooth whitening and bonding tooth coloured resin to the teeth once they are straight
Long lasting	Once you have veneers, most will last a reasonable length of time before deteriorating in look or chipping. However you need to allow for the possibility of needing to replace some of all of them around every 10 years.	As long as you wear your retainers as we advise, the tooth movements achieved can last a lifetime.

There are lots of things to consider when deciding what is right for you. Come in for a free consultation with our patient care coordinator, Rachel, to find out much more about what we offer, or book an appointment with one of our dentists for information specific to your own particular concerns.

Get in touch with us

Book for a free no-obligation consultation to find our more. Just call us on **0121 382 8544** or email smile@nothingbutthetooth.co.uk