



Restore your
smile with

Dental Implants



**Everything you need to know
about dental implants**

E: smile@nothingbutthetooth.co.uk

T: 0121 382 8544

W: nothingbutthetooth.co.uk

82 Little Green Lanes, Sutton Coldfield, B73 5NB

Your Guide to Dental Implants

Welcome to your comprehensive guide to dental implants. If you are considering dental implants, this booklet will help you understand the process, benefits, and what to expect. Our goal at Nothing But The Tooth is to provide clear, patient-friendly information so you can make an informed decision about your dental health.

What are dental implants?

Dental implants are artificial tooth roots, usually made of titanium, that are placed into the jawbone to support replacement teeth. They provide a long-term solution for missing teeth and function just like natural teeth.



Benefits of dental implants

- Natural appearance that mimics your own tooth
- Functions as a natural tooth – no loose dentures when you eat or smile
- Long-lasting and durable
- Prevents jaw bone loss which otherwise occurs when a tooth is extracted
- Improves speech and chewing ability
- No need to alter surrounding healthy teeth, unlike bridges

Am I suitable for dental implants?

Most adults with good oral and general health can receive dental implants. However, some factors may affect your suitability, including:

- **Sufficient jawbone density:** This is necessary for successful implantation
- **Healthy gums:** Gum disease has to be treated before implants are placed
- **Good oral hygiene:** Proper care is essential for long-term success
- **Medication:** Medications such as bisphosphonates can cause problems
- **Smoking and alcohol use:** These can affect healing and implant success
- **Medical conditions:** Such as diabetes or osteoporosis may require special considerations

The Dental Implant Process at Nothing But The Tooth

Step 1: Consultation and Planning

We will assess your oral health, take X-rays, and discuss treatment options.

Step 2: Implant Placement

The implant is surgically placed into the jawbone under local anesthesia. You can request sedation for this, although most patients do not need it.

Step 3: Healing Period (Osseointegration)

The implant fuses with the bone over the course of a few months.

Step 4: Abutment Placement

A small connector is placed on top of the implant to support the new tooth.

Step 5: Final Restoration

A custom-made crown, bridge, or denture is attached to the implant(s).

Does it hurt?

Most patients experience minimal discomfort during the procedure. Pain in the few days after treatment can be managed with over-the-counter pain relievers, and any swelling usually subsides within a few days.

How long do dental implants last?

With proper care, dental implants can last many years and sometimes, but not always, 20 years plus. Regular dental health checks and good oral hygiene are key to their longevity.

Alternative treatment options

If dental implants are not suitable for you, alternative treatments include:

- **Dental Bridges:** Artificial teeth supported by neighbouring natural teeth
- **Dentures:** Removable appliances that replace missing teeth
- **No Treatment:** Keep the gap, though this may lead to bone loss over time

Cost considerations

The cost of dental implants varies depending on the number of implants, materials used, and additional procedures required. At Nothing But The Tooth, we offer easy payment plans to make treatment more affordable.

Caring for your dental implants

To ensure the longevity of your implants, follow these tips:

- Brush and clean between your teeth daily using recommended techniques and products
- Visit your dentist for regular healthy mouth checks and gum health care and hygiene
- Avoid smoking and excessive alcohol consumption

Common myths about dental implants

Myth: Implants last forever

Fact: While very long-lasting, implants require proper care and occasional maintenance, and can develop gum disease like natural teeth.

Myth: Implant surgery is painful

Fact: The procedure is performed under local anaesthetic and discomfort is minimal. Sedation is available if you are particularly nervous.

Myth: Implants are for older adults

Fact: Adults of all ages can benefit from dental implants if they meet the necessary health requirements.

**For more information,
please call or book in to
speak to our Patient Care Coordinator**

E: smile@nothingbutthetooth.co.uk

T: 0121 382 8544

