

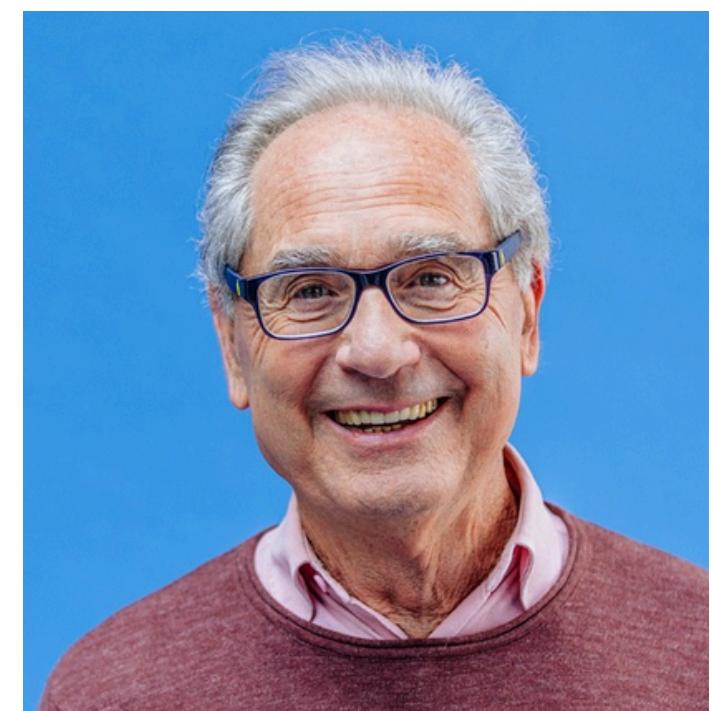


# Welcome to our Practice

Nothing But The Tooth, Sutton Coldfield



*For a confident smile with a lifelong sparkle*





# Welcome to Nothing But The Tooth

On behalf of the whole team at Nothing But The Tooth, I would like to thank you considering us for your dental care.

At our modern, welcoming, private practice, we are dedicated to helping you maintain a healthy mouth and a confident smile for life.

Our approach is built on two foundations: prioritising preventive care at every appointment and providing high-quality treatment whenever it's needed.

Since taking ownership of the practice in May 2010, we have invested in extensive

refurbishments of both our premises and equipment. This ensures that your care is always delivered to the highest standards, in an environment that is both medically clean and wonderfully comfortable.

This brochure is designed to give you clear information about our services and our approach to patient care. I hope you find it helpful and reassuring as you consider your options.

I look forward to welcoming you to our practice soon!

Dr Celia Burns

**Clinical Director and Principal Dentist**





**We promise we will  
do everything we can  
to give you the best  
opportunity to keep  
your mouth healthy,  
and smile amazing,  
forever.**

## How do we do this?

- We won't hurt you, ever.
- We prioritise prevention.
- We offer a wide range of treatments.
- We offer convenient appointment times.
- We offer a range of ways to pay.
- We keep our training up to date.
- We are registered with the GDC, have full indemnity cover and comply with all current legislation.

# Your First Visit

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When you join our practice, your first visit will include a full new patient assessment. This involves a review of your medical and dental history, a comprehensive 12-point examination of your mouth, time to discuss any concerns or treatment goals, and the creation of a personalised treatment plan.

This thorough approach ensures you receive the best possible care right from day one.



## Before your appointment

Before your appointment, we will ask you to complete a [confidential questionnaire](#) about your medical and dental history, as well as your reasons for coming to see us. You will then have time to discuss your particular concerns with your dentist.

If you are at all nervous, you are very welcome to come and [look around the practice, meet our friendly team, and have a complimentary consultation](#) with our Patient Care Coordinator before sitting in the chair.

Once you are happy that we have understood your needs, your dentist will begin your [healthy mouth assessment](#).



## Healthy Mouth Assessment

During your assessment, your dentist will:

**Check your teeth** for decay, cracks, leaking fillings and tooth wear.

**Check your gums** for gum disease and signs of inflammation or infection.

**Check your neck, jaw and mouth** as an indicator of dental and overall wellbeing.

**Take a 3D scan and x-rays** for a detailed internal and external picture of your teeth.

**Complete a bite assessment** to see how your teeth meet when you bite and swallow.

**Screen for oral cancer** for your peace of mind.

## After your appointment

We will **report all our findings back to you** and give you recommendations for any treatment we feel you would benefit from.

You can **discuss this for as long as you need**, and once you have agreed to a treatment plan, we'll provide you with a written estimate of the costs and arrange your appointments to get started.

If your treatment plan changes at any point, we will always discuss this with you and give you a **revised estimate** so there are no nasty surprises when it comes to paying your bill.



# Nervous Patients

We understand that visits to the dentist can be nerve-wracking, so we have many ways to help you gradually build your confidence. Our whole dental care team is sympathetic to your anxiety, and we promise to listen carefully to your concerns and take everything at your pace.

Please feel free to visit us before your first appointment, to have a look around the practice and ask any questions. Just give us a call before so we can ensure someone is available to look after you.

We've taken hundreds of patients from feeling terrified to attending with confidence. We'd love to do the same for you.

*"I no longer have sleepless nights at the thought of my next appointment. My dental phobia used to control me, but now my life is back to normal." - Christopher*

# Peter's Story

*“It's something I should have done much earlier.”*



Peter had avoided the dentist for over 10 years due to his fear of needles, but his concerns about his oral health were worrying him every day and he knew he had to do something about it. After a year of looking for a dentist, he came to NBTT.

*“I've really been looked after. They have been really warm and kind to me, and made me feel so at ease.”*

Peter's teeth had worn down over time, so we restored them using natural-looking composite fillings. The results were fantastic, and both he and the team were delighted.

*“I couldn't have asked for a better experience. Everything feels really good now. I used to worry about it so much! But now it's all out the way I have such peace of mind. I feel really relaxed and settled within myself.”*

**Scan the QR code to hear Peter talk about his experience**





# Lifelong Sparkle Club

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- ✓ Less treatment
- ✓ Less cost
- ✓ Priority care

By attending regularly for professional cleaning and oral health advice, you will increase your likelihood of staying healthy.

Not only will your mouth be fresh and cared for, but it will also reduce your risk of serious illnesses such as heart disease, Alzheimer's and infertility.

We recommend our patients join our Lifelong Sparkle Club, which gives you many free benefits, including: regular check-ups, hygiene appointments, emergency assessments, x-rays, prescribed antibiotics, and a reduced fee list for all necessary treatment.

If you would like to sign up, please speak to a member of our team who will be able to help you.

# Shelly's Story

*“It is the best thing I have ever done. I smile now!”*



When Shelly came to us, she had a crippling fear of the dentist and a smile that was bringing her down. But, she was determined to overcome her anxiety to transform her smile - and her life.

*“I was very nervous. But they vowed never to hurt me, and they haven’t. I went from somebody that didn’t know how they were going to get in that chair, let alone have any work done, to having implants.”*

With dental implants, Invisalign, and teeth whitening, Shelly experienced a full makeover that gave her the confidence to smile freely for the first time in years.

*“It was the best thing I’ve ever done. It gave me my life back. I feel like a new person. I would say to anyone considering dental treatment - do it! Don’t be frightened. Go for it, and change your life!”*

**Scan the QR code to hear Shelly talk about her experience**



# Hear from more patients



**Sarah**

*“It’s the best thing  
I’ve ever done”*



**Ken**

*“The overall result  
was excellent”*



**Helen**

*“Everytime you come,  
you know you matter”*



**Bev**

*“I show everyone my  
teeth now”*



**Phil**

*“I feel absolutely fine  
now”*



Visit our YouTube channel  
to hear from our happy  
patients



220+ Reviews  
4.9 Star rating



*“For years I was nervous about visiting a dentist, then someone told me about Nothing But The Tooth. It was a revelation. The experience is welcoming, completely relaxing and comfortable, with an emphasis on maintaining healthy teeth. I actually enjoy my visits!”*

- Roger



*“Having dental implants here was the best decision I ever made. I would definitely recommend this practice and always do to all my friends and family. I would like to thank them for all their support thus far. I really appreciate it from the bottom of my heart.”*

- Roshni



*“Nothing But The Tooth made my experience so welcoming and fun. I’m so glad I chose to come and get my teeth done here. I can’t and won’t stop smiling now!”*

- Abbie



*“Several years ago I made the switch from an NHS practice to Nothing But The Tooth, this in itself was like switching from a Ford Cortina to a Ferrari!”*

- Andy

# Treatment Guide

From restorative care to full smile makeovers, our treatments are delivered with care and precision to achieve a smile that truly sparkles.

If you are interested, free, no-obligation consultations are available for more information on any treatment.



## Filling a Gap

### Dentures

Custom-made removable replacements for lost teeth.

### Bridges

A secure, natural-looking way to replace a gap between two teeth.

### Dental Implants

The closest thing to your natural teeth, offering superior comfort, stability, and oral health benefits, making them a very popular treatment.

## Repair and Restore

### Composite Fillings

A natural-looking way to repair cavities with a tooth-coloured resin.

### Crowns

Strong, long-lasting restorations that protect damaged teeth and restore their natural look and function.

### Onlays and Inlays

Covers and strengthens a damaged tooth, protecting it from further wear or decay, without needing a full crown.

# Enhance and Transform

## Braces and Aligners

We offer a wide range of braces to suit your needs, including clear aligners for a discreet, comfortable fit, Inman aligners for speedy correction of minor crowding, and fixed braces with tooth-coloured brackets and wires.

## Veneers

Veneers are ultra-thin shells that transform your smile with minimal preparation.

## Tooth Whitening

Brighten your smile with our safe and effective professional tooth whitening and stain removal.

## Composite Bonding

Minimally invasive, highly effective, and often completed in a single appointment, composite bonding is very popular to enhance the symmetry, shape, and colour of your teeth.

# Protect and Support

## Snoring Solutions

A custom mouthguard that keeps your (or your partner's!) airway open during sleep to reduce snoring.

## Mouthguards

Protects teeth during sports or from grinding-related wear and headaches.

# Facial Aesthetics

Our on-site sister clinic, &Eve Aesthetics, offers many treatments to help you look and feel your best.

## Anti-Wrinkle Treatment

Smoothing fine lines and wrinkles.

## Dermal Fillers

Immediate results in smoothing lines and wrinkles, adding volume and defining facial features.

## Jaw Clenching & Sweating

We can also combat other non-aesthetic conditions that may be troubling you.

# Our Results

See the transformations our patients have achieved!

From brighter smiles to straighter teeth, these before-and-after photos show the real results of our treatments. Every smile is unique, and we tailor our care to help you achieve the best possible outcome.



Achieved with: **Crowns**



Achieved with: **Invisalign**



Achieved with: **Veneers**



Achieved with: **Composite Bonding**



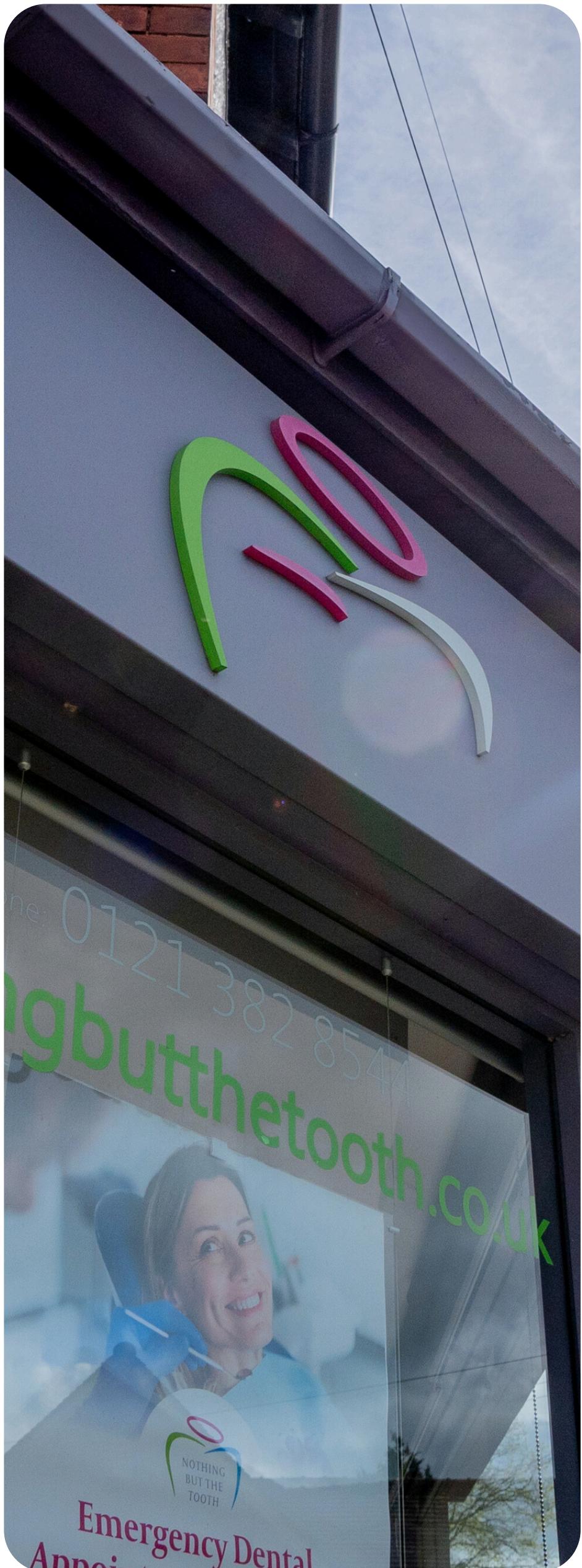
Achieved with: **Whitening**



Achieved with: **Lip Fillers**



Achieved with: **Composite Filling**



# Accessibility

We are committed to providing accessible care for all our patients, so our practice features:

- Step-free access with a ramp at the entrance
- Two downstairs treatment rooms
- A wheelchair-accessible toilet with handrails
- Parking on site
- Guide dog friendly facilities

If you have any mobility concerns, please don't hesitate to contact us. We are happy to help to ensure you receive the care you need.

# Payment Options

You will receive a written fee estimate with your treatment plan, and we can help you prioritise your treatment if you would like to spread the cost.

We accept all major credit cards and have finance options for larger treatment plans.

For reduced fees on all clinically-required treatment, and discounts on dental products, you can become a member of our practice and join our Sparkle Club.

# Appointments

We know it can be hard to get time off work, so we offer early morning, late evening and weekend appointments outside of normal office hours.

Our phones are manned all day, and you can make appointments via email or text message if this is easier for you.

Please see our website for our most up-to-date opening hours.



# Emergency care

If you need us urgently - we're here. Just give us a call!

During normal opening times, we will offer you an appointment within 24 hours, usually on the same day. The earlier you call, the more likely we will be able to see you on the same day.

Out of hours cover is available 365 days a year by ringing the practice and listening to the answerphone instructions.



# Have confidence in us

## Cleanliness

We comply with all requirements on cross infection control so you can be confident your treatment is carried out in a safe environment. We do regular audits of our processes to ensure that the practice is spotlessly clean and that all instruments are effectively sterilised. You are welcome to ask to see our cross infection procedures for yourself if you would like.

## Complaints

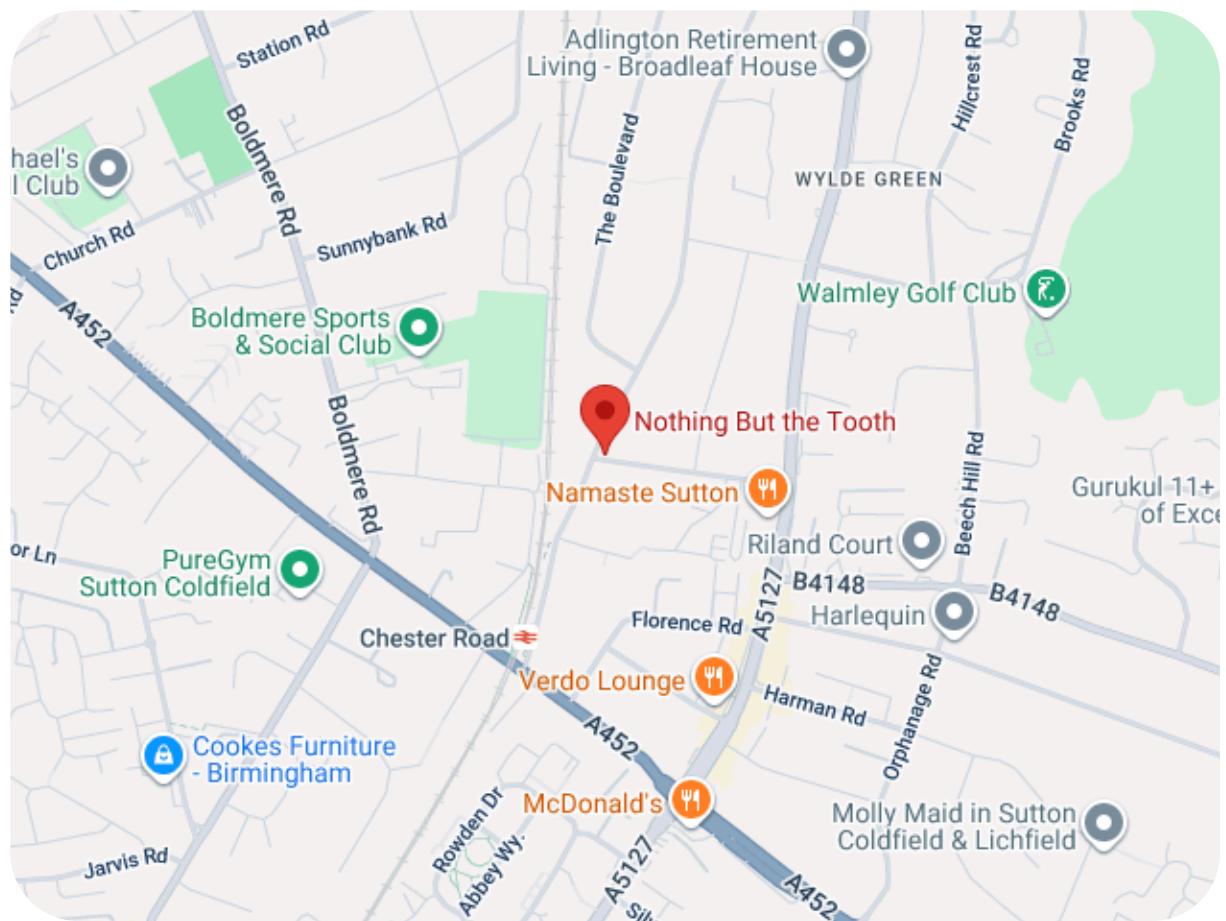
We want you to be completely happy with all aspects of your care with us. If you have a complaint, please let us know so that we can address it properly for you. Our complaints procedure is displayed on the wall at the practice, on our website, and a paper copy is available at reception.

## Confidentiality

We maintain the highest levels of confidentiality and you can be assured that your personal details will always be protected and respected. All staff are trained in confidentiality matters and we comply fully with the Data Protection Act.

## Commitments

All our clinical staff are registered with the General Dental Council and enjoy completing regular training to keep their skills up to date. We have full indemnity insurance to protect you, and we are registered with the Care Quality Commission, who inspect and regulate dental practices on behalf of patients. You can find our most recent CQC inspection report by visiting the CQC website.



# Find us

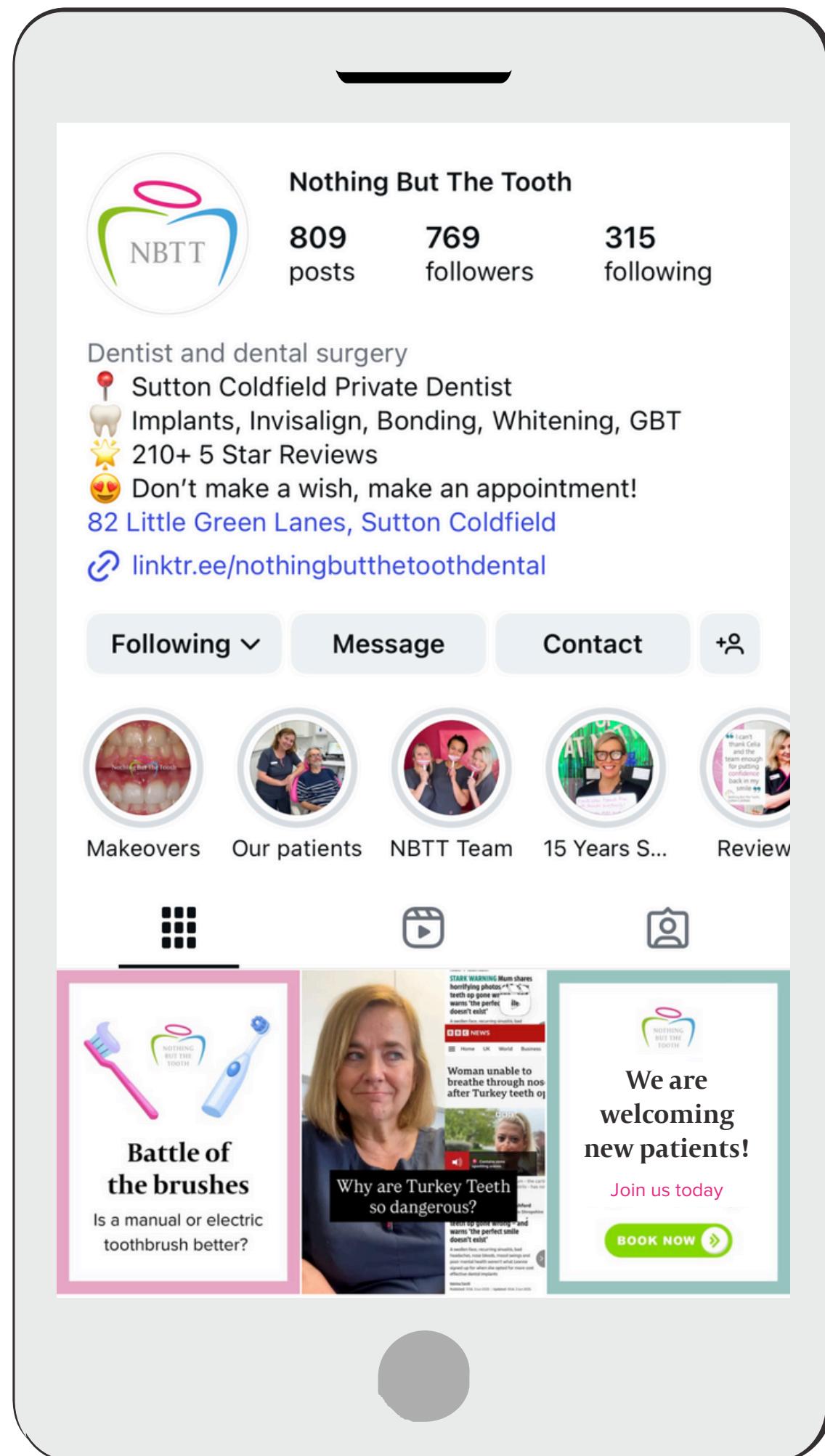
## Our Address

82 Little Green Lanes  
Sutton Coldfield, B73 5NB

**Coming by Train:** We are a 3-minute walk from Chester Road Station, which has frequent cross city line trains.

**Coming by Car:** We are located just off the A452 Chester Road and have on site parking. There is also plenty of unrestricted parking on the road.

**Coming by Bus:** 300 yards away, Birmingham Road provides access to multiple bus routes.



# Follow us!

 [nothingbutthetoothdental](https://www.instagram.com/nothingbutthetoothdental/)

 [Nothing But The Tooth](https://www.facebook.com/NothingButTheTooth/)



## Nothing But The Tooth Dental Practice Sutton Coldfield

### Get in Touch

Email [smile@nothingbutthetooth.co.uk](mailto:smile@nothingbutthetooth.co.uk)

Call 0121 382 8544

Visit [nothingbutthetooth.co.uk](http://nothingbutthetooth.co.uk)

Follow [@nothingbutthetoothdental](https://twitter.com/nothingbutthetoothdental)

